



PATIENT FAX ALERT

****ATTACH TO PATIENT'S CHART****

Physician: _____	Today's Date _____
Patient: _____	Admitted To: _____
Member ID: _____	Admit Date: _____
Diagnosis: _____	Discharge Date: _____

<p>This member was recently hospitalized. If you are considering a therapeutic trial of an inhaled corticosteroid, please refer to our applicable preferred drug list below.</p>
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Preferred Drug List:

Short Acting Beta 2- Adrenergic Agonist Bronchodilators: albuterol, terbutaline, metaproterenol

Inhaled Corticosteroids: MDI- Pulmicort Turbuhaler®, Flovent®, Azmacort®, Nebulizer-Pulmicort Respules®

Leukotriene Modifiers: Singulair®

Other anti-inflammatory inhalers: Intal®, Tilade®

Theophyllines & Aminophylline: Theodur®, Uniphyl®, and Aminophylline

Long-Acting Bronchodilators: Serevent Diskus®

Combination Corticosteroid and Long Acting Bronchodilator: Advair®

Peak Flow Meters:

Members may obtain free peak flow meters through our Asthma Disease Management Program by calling 1-800-951-7719.

Spacers:

Medicaid members can obtain free EZY Spacers® or Microspacers® with a prescription at their local pharmacy.

***Note medication coverage is subject to generic, brand, and co-pay benefit structure.**

NAEPP Guidelines* for the management of Asthma recommend:

- Inhaled corticosteroids are safe, effective and preferred first-line therapy for children as well as adults with persistent asthma.
- Leukotriene modifiers and other anti-inflammatory agents are alternatives for mild persistent asthma.
- Theophylline can reduce frequency and severity of persistent symptoms
- Adding a long-acting inhaled Beta 2-agonist to inhaled steroids is more effective than simply increasing the dose of inhaled steroids for patients over 5 years old who have moderate to persistent asthma.
- Short acting inhaled Beta 2-agonists are the most effective drugs for treatment of breakthrough symptoms and immediate prevention of exercise-induced asthma. "

*Expert Panel Report: Guidelines for the diagnosis and management of Asthma. Update on selected topics 2002. National Heart, Lung, and Blood Institute. NIH Publication No. 02-5074 June 2003."

<p>Address questions to our Asthma Disease Management Program 1-800-951-7719.</p>
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